



Tumbling Evaluation Permission Form

I, _____, acknowledge and give permission for my child, _____, to perform the following tumbling skills for the Vista Jr. Eagles evaluations during the week of _____.

These are skills I have witnessed my child execute safely on multiple floor surfaces including regular floor mat (non-spring floor) and grass/artificial turf. There will not be any spotter for the evaluation process.

My child has my permission to perform the following tumbling skills at the VJE Cheer clinic: (please check all skills your child may attempt at tryouts)

Running Tumbling -

- Round-off Back Handspring
- Round-off Back Handspring x2
- Round-off Back Handspring Tuck
- Round-off Back Handspring Layout
- Round-off Back Handspring Full Front Handspring, Round-off Back Handspring
- Front Handspring, Round-off Back Handspring Tuck
- Front Handspring, Round-off Back Handspring Layout
- Front Handspring, Round-off Back Handspring Full

Standing Tumbling -

- Back Handspring
- Back Handspring Tuck
- Back Handspring x2
- Back Handspring x2 Tuck
- Tuck

All the above skills will be executed on a regular floor mat for tryout purposes and will need to be able to be performed on regular cheer mats and grass and artificial turf during the cheer season. Any skill used to gain points for tryouts will be documented and used in choreography for the upcoming season, if placed on a VJE squad.

By signing this form, you acknowledge your child can execute the tumbling skills checked above safely, they can be performed on multiple floor surfaces, and you give your permission for your child to attempt these skills at the VJE clinic and evaluation.

Parent/Guardian Printed Name: _____

Parent/Guardian Signature: _____ Date: _____