



# VISTA JR. EAGLES FOOTBALL AND CHEER



## Code of Conduct

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Athlete Team

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Athlete Printed Name

### Athlete Commitments

AS AN ATHLETE AND PARTICIPANT IN THE VISTA JR. EAGLES (VJE) FOOTBALL AND CHEER PROGRAM, I understand commitment, hard work and dedication will be required by me before I can wear the colors of the team. Once I have tried out and made the team/squad, I have accomplished an achievement for which I can be proud. Being a member of the team/squad means much more than just learning about and playing football or being a cheerleader. As an athlete, both on and off the field, I am a representative of the association and expected to act accordingly no matter what the circumstances. I hereby pledge to be responsible for my words and actions while participating in the VJE Football & Cheer Program and shall conform my behavior to the following Athlete Code of Conduct:

1. I understand as an Athlete, I am required to maintain an academic standard of at least 2.0 GPA during the season or risk being benched or dismissed from the VJE Program/Team. Grade checks may be performed randomly throughout the season.
2. I understand I am to maintain good citizenship throughout the season. Fighting, misconduct, vulgar or derogatory language, cursing, or disrespect in any way can lead to being dismissed from the VJE Program. Any athlete who has an altercation at school or with law enforcement authorities or is observed displaying conduct (Anytime, Anywhere) below the acceptable standards of an athlete may face dismissal from the VJE Program.
3. I understand Athletes are responsible for notifying their coach if they will be absent from a practice or game. Missing a Practice or game will hurt both my team/squad and may be reason for not playing in games. If I have too many absences, I may be dismissed from the VJE Program.
4. I am expected to come to practices and games prepared and ready to give 100%. An athlete may be benched at a practice or dismissed because of too many absences, not giving 100%, not knowing plays or routines, being out of condition or not following the rules of the VJE Program.
5. I will treat my coaches, instructors, teammates, board members, officials, and any adult authority figures with respect.
6. I am responsible for the maintenance of my equipment and uniforms. Uniforms must be washed regularly. I will report all equipment problems to my coach immediately. If I lose my uniform or equipment, I am financially responsible to replace it. As a football player, I must wear a protective mouthpiece in all practices or games. The mouthpiece must be attached via a tether to the facemask on the helmet.
7. I agree to follow all general rules in accordance with SAC, my team/squad and VJE Program. mistreatment of board members, coaches, instructors or other volunteers, and failure to abide by any VJE policies and procedures.

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Athlete Signature

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Date Sign



## Parent and Family Commitments

**AS A PARENT or Guardian**, I hereby pledge to provide positive support, care, and encouragement for my child and the athletes in youth sports by following the Vista Jr. Eagles Football & Cheer Code of Conduct outlined below.

1. I will encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every game, practice, or other youth sports event. Do not embarrass your child by yelling at players, coaches' officials, spectators or other parents. By showing a positive attitude toward the game and all its participants, your child will benefit.
2. I will insist that my child and/or the athletes play in a safe and healthy environment.
3. I will require that my child's coaches, be trained in the responsibilities of being a youth sports coach and that coaches uphold this Code of Conduct.
4. I will treat officials, board members and coaches with respect. I will support the officials and coaches working with my child and participant athletes, in order to encourage a positive and enjoyable experience for all in a sports environment that is free from drugs, tobacco, and alcohol and I will refrain from their use at all youth sports events.
5. I will ask my child and the athletes to treat other players, coaches, fans, and officials with respect regardless of race, sex, creed or ability and I will refrain from cursing, vulgar language and any other detrimental or unsportsmanlike conduct.
6. I will remember that the game is for youth participants and athletes - not the adults.
7. I will do my very best to make youth sports fun for my child and the athletes, recognizing that winning is a consideration, but not the only one, nor the most important one. Teaching my child and the athletes the importance of teamwork and discipline is first and foremost.
8. I will help my child and the athletes enjoy the youth sports experience by doing whatever I can, such as being a respectful fan, assisting with coaching, providing transportation, or otherwise assisting the organization.
9. I will respect my child's coach and do my best to have my child at all practices, games and VJE events on time.
10. Recognize the importance of volunteer coaches. They are important to the development of your child and the sport. Communicate with them and support their decisions.
11. I will read the National Standards For Youth Sports, doing what I can to help all youth sports organizations implement and enforce them.

## Parent Volunteer Agreement

As the player/cheerleader's parent/guardian, I understand that the Vista Jr. Eagle (VJE) Football and Cheer Program cannot function without regular Parent Volunteer Participation. Therefore, I understand that our family is responsible for performing a minimum of the below mandatory volunteer hours to take place over the course of the season.

- Twenty (20) hours if more than one athlete in the program
- Fourteen (14) hours for one (1) athlete
- Eight (8) hours for one athlete in the Mascot Cheer Team

By signing this contract, I agree to the following:

1. Depending on the number of athletes or what team my athlete is on, I am or my family is required to volunteer based on the hours above.
2. The volunteer hours will be posted at a designated time and I will have an opportunity to select the volunteer's hours convenient for me or my family's schedule.
3. I understand it is my responsibility to sign up for our volunteer hours by July 31st.
4. Either myself, another adult over the age of eighteen (18), or a league approved "Teen for Hire" are the only people approved to work my/our volunteer shifts.
5. I further understand and agree that VJE may discontinue my volunteer service at any time, with or without cause, and without prior notice.



- 6. I understand that I am expected to be prompt in reporting for my volunteer shift(s) on the day(s) and hours which I or my family signed up for. I also understand it is my/our family's responsibility to ensure I am/we are signed in prior to my/our volunteer shifts and that I/we complete the volunteer shift in its entirety.
- 7. Except in case of an emergency, I will give 24-hour notice to the volunteer coordinator when I cannot keep a scheduled volunteer shift. If there is a need to reschedule, it is my responsibility to sign up for any volunteer shifts I was unable to fulfill.
- 8. If I do not show up, aka "no show," for a shift my athlete's coach will be notified. I will be assessed a fine and my athlete will be benched from play/cheer until the fine is paid.

**IMPORTANT:** Volunteers who do not adhere to the VJE code of conduct, or who fail to satisfactorily perform their volunteer duties are subject to dismissal. Possible grounds for dismissal may include, but are not limited to: misconduct, insubordination, not adhering to proper dress code, being under the influence of alcohol or drugs, theft of property or misuse of equipment or materials, abuse or

**ALL PARENTS/GUARDIANS MUST SIGN.** I/We, have read, understand, agree, and will abide by the above VJE Code of Conduct. I certify that I am a parent/legal guardian and authorized to sign for the athlete participating in the VJE Program. I/We have voluntarily signed, understanding if there is a violation of the above VJE Code of Conduct, we shall be subject to immediate termination or suspension from the team, VJE Program and/or SAC league.

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**Parent/Legal Guardian Printed Name**

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**Parent/Legal Guardian Signature**

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**Date Sign**